## Claims

A multiple telescopic tube with at least two outer tubes

 (1) arranged parallel to each other and at least two inner tubes
 (2) arranged parallel to the outer tubes
 (1), the inner tubes being displaceable relative to the outer tubes
 (1) in the longitudinal direction (Z),

and having a clamping device (3), which comprises a clamping engagement element (5) which may be brought into engagement with the outer surfaces of the inner tubes (2), whereby,

on loading of the multiple telescopic tube in a longitudinal clamping direction, the clamping device (3) prevents displacement of the inner tubes (2) relative to the outer tubes (1) in this longitudinal clamping direction, whereas the displaceability in the opposing longitudinal direction is maintained.

- The multiple telescopic tube according to claim 1, characterised in that the loading in the longitudinal clamping direction corresponds to a compression loading of the multiple telescopic tube.
- 3. The multiple telescopic tube according to claim 1, characterised in that the loading in the longitudinal clamping direction corresponds to a tensional loading of the multiple telescopic tube.
- 4. The multiple telescopic tube according to one of the previous claims, characterised in that at least one of the inner tubes (2) is arranged in one of the outer tubes (1).
- 5. The multiple telescopic tube according to one of the previous claims, characterised in that the clamping

- device (3) has an engagement actuation element (7), which is firmly linked to the outer tubes (2) and is movable relative to the clamping engagement element (5).
- 6. The multiple telescopic tube according to claim 5, characterised in that, on loading the multiple telescopic tube in the longitudinal clamping direction, the engagement actuation element (7) comes into engagement with the clamping engagement element (5).
- 7. The multiple telescopic tube according to claim 5 or 6, characterised in that the relative movement between the engagement elements (5, 7) brings about a movement of the clamping engagement element (5) in the direction of the outer surfaces of the inner tubes (2).
- 8. The multiple telescopic tube according to one of the previous claims, characterised in that the clamping device (3) also has a release device (8) for releasing the engagement between the clamping engagement element (5) and the exterior surfaces of the inner tubes (2).
- 9. The multiple telescopic tube according to claim 8, characterised in that the release device (8) is a slider (8) movable in the longitudinal direction of the multiple telescopic tube.
- 10. The multiple telescopic tube according to claims 5 and 8, characterised in that the clamping engagement element (5) is movable relative to the engagement actuation element (7) by means of the release device (8).
- 11. The multiple telescopic tube according to one of the claims 8 to 10, characterised in that the release device (8) is pretensioned by means of an elastic element (12) in a direction opposed to the release.

- 12. The multiple telescopic tube according to one of the claims 5 to 11, characterised in that the engagement actuation element (7) is designed to be complementary to the clamping engagement element (5).
- 13. The multiple telescopic tube according to claim 12, characterised in that the engagement elements (5, 7) are in wedge-formed engagement with each other.
- 14. The multiple telescopic tube according to one of the previous claims, characterised in that the clamping engagement element (5) comprises at least two members, between which the engagement actuation element (7) is situated.
- 15. The multiple telescopic tube according to claim 14, characterised in that the number of members of the clamping engagement element (5) is equal to the number of inner tubes (2).
- 16. The multiple telescopic tube according to one of the previous claims, characterised in that two inner tubes (2) and two outer tubes (1) are provided.
- 17. The multiple telescopic tube according to one of the previous claims, characterised in that the clamping device (3) has a housing (4) in which the engagement elements (5, 7) are accommodated.
- 18. The multiple telescopic according to claim 17, characterised in that the housing (4) is firmly linked to the outer tubes (1).
- 19. A stand with at least one multiple telescopic tube according to one of the previous claims as a stand leg.

20. The stand according to claim 19, characterised in that it is a camera stand.